

EMPLOYEE HEALTH PLAN BENEFIT OVERVIEW HEALTHY SAVER PLAN

Effective January 1, 2025

This is not a contract. This Benefit Overview is a brief outline of coverage and does not reflect each and every benefit, exclusion and limitation which may apply to the coverage. For more details, important limitations, and exclusions, please review the MaineHealth Healthy Saver Summary Plan Document and Summary of Benefit Coverage.

Benefit	Preferred Providers	Participating and Non-Network Providers	
IMPORTANT INFORMATION	Coverage described in this column applies when treatment is received by Preferred facilities and professionals. Benefits are paid based on the Plan maximum allowance. Please see page 5 for Network details.	Coverage described in this column applies when the member receives services from a Participating or a Non-Network provider.	
PRE-CERTIFICATION REQUIREMENTS	All scheduled inpatient admissions (except planned cesareans), require pre-admission authorization (also known as pre-certification) by the admitting provider. Your provider should call 1-888-632-3862 to pre-certify your admission.		
	In an emergency, seek care immediately. You or someone you designate should caus within 48 hours after admission. For maternity admissions, you, or someone you designate must call if the hospital stay is longer than 72 hours for a normal vagin delivery or longer than 120 hours for a cesarean section. Behavioral Health (Mental Health & Substance Abuse) For behavioral health, all Inpatient/Residential, Partial Hospitalization Program, TMS Services, and Applied Behavioral Analysis services require pre-certification through Behavioral Health Care Program (BHCP). You must call BHCP at 1-800-538-9698 prior to any such treatment. Office visits do not need to be pre-certified. To view BHCP network providers, go to www.bhcp.org. In an emergency, you should seek care immediately and you or someone you designate should call BHCP within 48 hours. BHCP will be responsible for authorizing ongoing care.		
CALENDAR YEAR DEDUCTIBLE	\$1,750 Employee Only Contract \$3,500 Employee + Dependent(s) Contract		
LIFETIME MAXIMUM	Unlimited		
CALENDAR YEAR OUT-OF-POCKET LIMIT (Includes deductible, coinsurance and prescription copays for all covered services.)	\$3,500 Employee Only Contract \$7,000 Employee + Dependent(s) Contract		
HOSPITAL SERVICES	When services are performed at a	When services are performed at all	
	Preferred facility, benefits are paid at the	other facilities, benefits are paid at	
	highest level.	a reduced level.	
 Inpatient 	90% after deductible	70% after deductible	
 General medical & surgical care Outpatient Ambulatory surgery, laboratory tests and y ray/imaging sorpices 	90% after deductible	70% after deductible	
tests and x-ray/imaging services • Emergency Room Care	90% after deductible	90% after deductible	

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Urgent Care Center/Walk-In Center	90% after deductible	70% after deductible
AMBULATORY SURGERY FACILITY - NON-HOSPITAL	90% after deductible	70% after deductible
LABORATORY & IMAGING -NON-HOSPITAL	90% after deductible	70% after deductible
Ambulance	90% after deductible	
PREVENTIVE CARE SERVICES (when billed as preventive)		
Routine Physical Exams	100%, no deductible	100%, no deductible
• Immunizations	100%, no deductible	100%, no deductible
Pap Smears	100%, no deductible	100%, no deductible
• PSA Tests	100%, no deductible	100%, no deductible
Screening Mammograms	100%, no deductible	100%, no deductible
Nutritional Counseling (limitations apply)	100%, no deductible	100%, no deductible
Colorectal Cancer Screenings including:	100% no doductible	1000/ no doductible
- Colonoscopy	100%, no deductible	100%, no deductible
- Sigmoidoscopy	100%, no deductible	100%, no deductible
- Fecal Occult Blood Testing	100%, no deductible	100%, no deductible
- Contrast Barium Enema	100%, no deductible	100%, no deductible
Pediatric Oral Care: Fluoride Application	100%, no deductible	100%, no deductible
(under the age of 11 years)	100%, no deductible	100%, no deductible
Women's Preventive Care Enhancements Women's Preventive Care Includes: well-work sexually transmitted infections; screening and brand name drugs that don't have a generic e	d counseling for HIV; FDA-approved contr	aception methods (generic drugs an
Women's Preventive Care Includes: well-wor	d counseling for HIV; FDA-approved contr equivalent) and contraceptive counseling	aception methods (generic drugs an ; breastfeeding support, supplies and
Women's Preventive Care Includes: well-wor sexually transmitted infections; screening and brand name drugs that don't have a generic e counseling; screening and counseling for inte the requirements of federal and state law. PROFESSIONAL/PHYSICIAN SERVICES	d counseling for HIV; FDA-approved contr equivalent) and contraceptive counseling rpersonal and domestic violence as well o	raception methods (generic drugs an ; breastfeeding support, supplies and as Preventive Care Services that mee
Women's Preventive Care Includes: well-wor sexually transmitted infections; screening and brand name drugs that don't have a generic e counseling; screening and counseling for inte the requirements of federal and state law. PROFESSIONAL/PHYSICIAN SERVICES • Office and Telehealth Visits	d counseling for HIV; FDA-approved contr equivalent) and contraceptive counseling	aception methods (generic drugs an ; breastfeeding support, supplies and
Women's Preventive Care Includes: well-wor sexually transmitted infections; screening and brand name drugs that don't have a generic e counseling; screening and counseling for inte- the requirements of federal and state law. PROFESSIONAL/PHYSICIAN SERVICES Office and Telehealth Visits Maternity	d counseling for HIV; FDA-approved contrequivalent) and contraceptive counseling rpersonal and domestic violence as well of 90% after deductible	raception methods (generic drugs and ; breastfeeding support, supplies and as Preventive Care Services that mee 70% after deductible
Women's Preventive Care Includes: well-work sexually transmitted infections; screening and brand name drugs that don't have a generic ecounseling; screening and counseling for interested the requirements of federal and state law. PROFESSIONAL/PHYSICIAN SERVICES Office and Telehealth Visits Maternity First Visit	d counseling for HIV; FDA-approved contrequivalent) and contraceptive counseling rpersonal and domestic violence as well a 90% after deductible	raception methods (generic drugs and preastfeeding support, supplies and as Preventive Care Services that mee 70% after deductible
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Benefit	Preferred Providers	Participating and Non-Network Providers	
PHYSICAL, SPEECH & OCCUPATIONAL THERAPY Limit: 60 combined visits per member per calendar year	90% after deductible when performed by a network Physical, Speech or Occupational Therapist		
ROUTINE EYE EXAMS — FOR VISION CORRECTION	Not Covered		
ACUPUNCTURE Limit: 12 visits per member per calendar year when prescribed by a physician and medically necessary.	90% after deductible when performed by a Preferred professional	70% after deductible when performed by a Participating professional	
DURABLE MEDICAL EQUIPMENT	90% after deductible		
ASTHMA EDUCATION (paid based on service performed and place of service)	90% after deductible	70% after deductible	
HEARING EXAMS Limited to one every 24 months.	90% after deductible	70% after deductible	
HEARING AIDS ¹ Limited to one hearing aid at \$3,000 per ear every 36 months.	70% after deductible		
SKILLED NURSING FACILITY	90% after deductible	90% after deductible*	
HOME HEALTH CARE	90% after deductible	90% after deductible*	
HOME INFUSION THERAPY	90% after deductible	90% after deductible*	
HOSPICE	90% after deductible	90% after deductible*	
PROSTHETICS	90% after deductible Members/Providers should contact Customer Service for assistance.		
TOBACCO TREATMENT • Prescriptions	Medications and over-the-counter smoking cessation aids, when prescribed by a physician, are NOT subject to the deductible or prescription drug copayments. There is no cost to you.		
• Programs	100% no deductible	100% no deductible	
Physician Office Visits	100% no deductible	100% no deductible	

¹There are no Preferred providers in this service category and all Network services are paid at the Participating level.

^{*}Non-Network covered at 70% after deductible

Benefit	Preferred Providers	Participating and Non-Network Providers	
INFERTILITY • Diagnostic Services	Covers diagnosis and treatment of underlying cause only	Covers diagnosis and treatment of underlying cause only	
• Treatment	Infertility treatment is covered through Progyny*	Not Covered (Note: Infertility treatment through Progyny covered at Preferred Tier only)	
MENTAL HEALTH & SUBSTANCE ABUSE SERVICES	You must call Behavioral Health Care Program (BHCP) at 1-800-538-9698 for pre-certification prior to any Inpatient/Residential Partial Hospitalization, TMS services, and Applied Behavioral Analysis services. Office visits do not need to be pre-certified. To view BHCP network providers, go to www.bhcp.org . In an emergency, you should seek care immediately and you or someone you designate should call BHCP within 48 hours. BHCP will be responsible for authorizing ongoing care.		
• Inpatient	90% after deductible	70% after deductible	
Outpatient	90% after deductible	70% after deductible	
Office Visits	90% after deductible	Participating: 90% after deductible Non-Network: 70% after deductible	

Pharmacy Benefits					
Prescription Drugs		Member Copays			
		30 Day Supply Retail Pharmacy	30 Day Supply MaineHealth Pharmacy*	90 Day Supply	90 Day Supply MaineHealth Pharmacy*
	Prescription Drugs are subject to the deductible**, then copays apply.			y.	
	Tier 1 - Generic	\$10	\$7.50	\$20	\$15
	Tier 2 – Preferred	\$35	\$26.25	\$70	\$52.50
	Tier 3 - Non-Preferred	\$50	\$37.50	\$100	\$75
	Tier 4 - Specialty***	N/A	\$60	N/A	N/A

^{*}MaineHealth Pharmacies include: MaineHealth Pharmacy Specialty and Home Delivery Westbrook, MaineHealth Pharmacy Maine Medical Center Portland, MaineHealth Pharmacy Maine Medical Center Biddeford, and MaineHealth Pharmacy Pen Bay Hospital.

If you or your doctor request a brand-name drug (Tier 2 or Tier 3) when a generic drug is available, you will be responsible for paying the brand name copayment (Tier 2 or Tier 3) plus the difference between the cost of the brand name and the generic drug.

^{**}Prescription drugs listed on the Aetna Standard Preventive Drug List are not subject to the deductible, but applicable copays apply. Please refer to the Aetna Standard Preventive Drug List on the Aetna website under the MaineHealth home page: www.mainehealthaetna.com or call the Member Services number on the back of your identification card. This list is subject to change.

^{***}Specialty Medications are limited to a 30-day supply and are available exclusively at MaineHealth Pharmacy Specialty and Home Delivery Westbrook. **Call 207-662-1800.**

^{*}For more information contact Progyny at 866-960-3560

Preferred Providers	Participating and
	Non-Network Providers
PHYSICIAN NETWORK	PHYSICIAN NETWORK
Please refer to the comprehensive list of "Preferred" physicians	All other Physicians that are part of the Aetna
located on the Aetna website under the MaineHealth home	Choice POS II Network and Non-Network providers
page: www.mainehealthaetna.com	·
HOSPITAL NETWORK	HOSPITAL NETWORK
MaineHealth Franklin Hospital	All other Hospitals that are part of the Aetna
MaineHealth Lincoln Hospital	Choice POS II Network and Non-Network
MaineHealth Maine Medical Center Portland	providers
MaineHealth Maine Medical Center Biddeford	
MaineHealth Maine Medical Center Sanford	
MaineGeneral Medical Centers	
MaineHealth Mid Coast Hospital	
New England Rehabilitation Hospital	
MaineHealth Pen Bay Hospital	
St. Mary's Regional Medical Center	
MaineHealth Behavioral Health at Spring Harbor	
MaineHealth Stephens Hospital	
MaineHealth Waldo Hospital	
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NDEPENDENT LAB NETWORK	INDEPENDENT LAB NETWORK
MaineHealth NorDx	All other Independent Labs that are part of the Aetna Choice POS II Network and Non-Network providers
Free Standing Imaging & Surgical Facility Network	FREE STANDING IMAGING & SURGICAL FACILITY NETWORK
All free-standing Imaging & Surgical Facilities owned by MaineHealth	All other free-standing Imaging & Surgical Facility Centers that are part of the Aetna Choice POS II
Intermed Current Conter	Network and Non-Network providers
Intermed Surgery Center	
InterMed Imaging/Radiology	
Maine Eye Center	
Maine Molecular Imaging LLC	
Portland Endoscopy Center	
Rayus Imaging/Marshwood (Maine locations)	
OA Orthopedic Surgery Center	
Western Ave Day Surgery Center	
Maine Participating Dialysis Centers	
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Preferred Providers	Participating and Non-Network Providers		
WALK-IN CENTER/URGENT CARE CENTER NETWORK	WALK-IN CENTER/URGENT CARE CENTER NETWORK		
All Walk-In Centers and Urgent Care Centers owned by MaineHealth	All other centers that are part of the Aetna Choice POS II Network and Non-Network providers		
MaineGeneral Walk-in Center - Augusta MaineGeneral Walk-in Center - Waterville St. Mary's Urgent Care - Auburn			
HOME HEALTH PROVIDER NETWORK	HOME HEALTH PROVIDER NETWORK		
Androscoggin Home Care & Hospice MaineHealth CHANS Home Health and Hospice Hospice of Southern Maine MaineHealth Home Health & Hospice New England Life Care (Home Infusion Therapy)	All other Home Health Providers that are part of the Aetna Choice POS II Network and Non-Network providers		
BEHAVIORAL HEALTH PROVIDER NETWORK	BEHAVIORAL HEALTH PROVIDER NETWORK		
The control mechanism to apply benefits at the highest level for providers and facilities for outpatient and inpatient mental health and substance abuse services is provided through the precertification process managed by BHCP.	The lower benefit level applies when services are not authorized by BHCP		
BHCP professionals that are licensed to perform psychological and neuropsychological testing will be set up as preferred providers.			