



The Summary of Benefits and Coverage (SBC) document will help you choose a health [plan](#). The SBC shows you how you and the [plan](#) would share the cost for covered health care services. **NOTE:** Information about the cost of this [plan](#) (called the [premium](#)) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, go to [www.mainehealthaetna.com](http://www.mainehealthaetna.com). For general definitions of common terms, such as [allowed amount](#), [balance billing](#), [coinsurance](#), [copayment](#), [deductible](#), [provider](#), or other underlined terms see the Glossary. You can view the Glossary at [www.healthcare.gov/sbc-glossary/](http://www.healthcare.gov/sbc-glossary/) or call (888) 982-3862 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall <a href="#">deductible</a> ?	<b>\$600</b> individual/ <b>\$1,200</b> family for Preferred Network and Participating Network providers.	Generally, you must pay all of the costs from <a href="#">providers</a> up to the <a href="#">deductible</a> amount before this <a href="#">plan</a> begins to pay. Check your policy or plan documents to see when the <a href="#">deductible</a> starts over (usually, but not always, January 1 <sup>st</sup> ). See the chart starting on page 2 for how much you pay for covered services after you meet the deductible.
Are there services covered before you meet your <a href="#">deductible</a> ?	Yes. <a href="#">Preventive care</a> and primary care and specialist office visits are covered before you meet your <a href="#">deductible</a> .	This <a href="#">plan</a> covers some items and services even if you haven't yet met the <a href="#">deductible</a> amount. But a <a href="#">copayment</a> or <a href="#">coinsurance</a> may apply. For example, this <a href="#">plan</a> covers certain preventive services without <a href="#">cost-sharing</a> and before you meet your <a href="#">deductible</a> . See a list of covered preventive services at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> .
Are there other <a href="#">deductibles</a> for specific services?	No.	You don't have to meet <a href="#">deductibles</a> for specific services but see the chart starting on page 2 for other costs for services this plan covers.
What is the <a href="#">out-of-pocket limit</a> for this <a href="#">plan</a> ?	<b>\$3,000</b> /indiv or <b>\$6,000</b> /family for MaineHealth <a href="#">Preferred Network Providers</a> . <b>\$4,900</b> /indiv or <b>\$9,800</b> /family for MaineHealth Participating <a href="#">Network Providers</a> . <b>Prescription Drug Copay Maximum \$2,250</b> /indiv or <b>\$4,500</b> /family.	The <a href="#">out-of-pocket limit</a> is the most you could pay during a coverage period (usually one year)for covered services. This limit helps you plan for health care expenses. Your <a href="#">out-of-pocket</a> ( <a href="#">deductible</a> + <a href="#">coinsurance</a> ) will cross-accumulate between the Preferred and Participating <a href="#">Networks</a> .  The prescription drug copayment maximum applies to prescription drug <a href="#">copayments</a> . This maximum is separate from the <a href="#">out-of-pocket limit</a> described above.
What is not included in the <a href="#">out-of-pocket limit</a> ?	<a href="#">Premiums</a> , <a href="#">balance-billing</a> charges, health care and prescription drugs that this <a href="#">plan</a> doesn't cover.	Even though you pay these expenses, they don't count toward the <a href="#">out-of-pocket limit</a> .
Will you pay less if you use a Preferred network provider?	Yes. <a href="http://www.mainehealthaetna.com">www.mainehealthaetna.com</a> for a list of <a href="#">network providers</a> .	There are two <a href="#">network provider</a> levels, Preferred and Participating. Out of <a href="#">network</a> services are not covered unless authorized and unavailable in <a href="#">network</a> . You will pay the most if you use an out-of- <a href="#">network provider</a> , and you will receive a bill from a <a href="#">provider</a> for the difference between the <a href="#">provider's</a> charge and what your plan pays ( <a href="#">balance billing</a> ).

<b>Do you need a <a href="#">referral</a> to see a <a href="#">specialist</a>?</b>	Yes. (Referrals are waived for emergency room, chiropractic care, massage therapy, acupuncture; physical, speech and occupational therapy; routine gynecological exams, and screening mammograms)	This <a href="#">plan</a> will pay some or all of the costs to see a <a href="#">specialist</a> for covered services but only if you have a <a href="#">referral</a> from your Primary Care Physician before you see the <a href="#">specialist</a> .
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All [copayment](#) and [coinsurance](#) costs shown in this chart are after your [deductible](#) has been met, if a [deductible](#) applies.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		MaineHealth Preferred Tier Provider (You will pay the least)	MaineHealth Participating Tier Provider (You will pay the most)	
<b>If you visit a health care <a href="#">provider's</a> office or clinic</b>	Primary care visit to treat an injury or illness	\$15 Copay/visit	\$30 Copay/visit	-----none-----
	<a href="#">Specialist</a> visit	\$40 Copay/visit	\$60 Copay/visit	-----none-----
	<a href="#">Preventive care</a> / <a href="#">screening</a> /immunization	No charge	No charge	-----none-----
<b>If you have a test</b>	<a href="#">Diagnostic test</a> (x-ray, blood work)	20% <a href="#">coinsurance</a>	35% <a href="#">coinsurance</a>	-----none-----
	Imaging (CT/PET scans, MRIs)	20% <a href="#">coinsurance</a>	35% <a href="#">coinsurance</a>	-----none-----
<b>If you need drugs to treat your illness or condition</b> More information about <a href="#">prescription drug coverage</a> is available at <a href="http://www.aetna.com">http://www.aetna.com</a>	Tier 1 - Typically Generic	<b>RETAIL:</b> \$7.50/MH pharmacy \$10/other pharmacy <b>90 DAY SUPPLY:</b> \$15 MH pharmacy \$20/other (see comments)	<b>RETAIL:</b> \$7.50/MH pharmacy \$10/other pharmacy <b>90 DAY SUPPLY:</b> \$15 MH pharmacy \$20/other (see comments)	Prescription drugs are not subject to the overall deductible. Prescription drug copayments apply to the annual prescription drug copayment maximum described on page 1.  <b>Retail covers up to a 30-day supply. Members can request a 90-day supply at a retail pharmacy or through home delivery.</b>
	Tier 2 - Typically <a href="#">Preferred</a> / Brand	<b>RETAIL:</b> \$26.25/MH pharmacy \$35/other pharmacy <b>90 DAY SUPPLY:</b> \$52.50/MH pharmacy \$70/other (see comments)	<b>RETAIL:</b> \$26.25/MH pharmacy \$35/other pharmacy <b>90 DAY SUPPLY:</b> \$52.50/MH pharmacy \$70/other (see comments)	When a generic drug is available but the member or physician requests the brand drug be dispensed, the member will pay the difference in cost between the brand and generic drug, in addition to their copayment, if a generic drug is available but a brand name is dispensed.
	Tier 3 - Typically Non- <a href="#">Preferred</a> / <a href="#">Brand</a>	<b>RETAIL:</b> \$37.50/MH pharmacy \$50/other pharmacy <b>90 DAY SUPPLY:</b> \$75/MH pharmacy \$100/other	<b>RETAIL:</b> \$37.50/MH pharmacy \$50/other pharmacy <b>90 DAY SUPPLY:</b> \$75/MH pharmacy \$100/other	Step Therapy and Prior Authorization may apply to some drugs.
	Tier 4 - Typically <a href="#">Specialty</a> (brand and generic)	\$60/prescription (MaineHealth pharmacy)	Not Applicable	For more information, refer to "National Drug List" at: <a href="https://www.aetna.com/individualsfamilies/fin-a-medication.html">https://www.aetna.com/individualsfamilies/fin-a-medication.html</a>

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		MaineHealth Preferred Tier Provider (You will pay the least)	MaineHealth Participating Tier Provider (You will pay the most)	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	20% <a href="#">coinsurance</a>	35% <a href="#">coinsurance</a>	-----none-----
	Physician/surgeon fees	20% <a href="#">coinsurance</a>	35% <a href="#">coinsurance</a>	-----none-----
If you need immediate medical attention	<a href="#">Emergency room care</a>	\$200 Copay/visit <a href="#">deductible</a> does not apply then 20% <a href="#">coinsurance</a>	\$200 Copay/visit <a href="#">deductible</a> does not apply then 20% <a href="#">coinsurance</a>	All other services, including Lab/X-ray are covered at 80% after deductible. In an emergency, seek care immediately. If you are admitted to the hospital from the emergency room, the copayment is waived and the deductible and applicable <a href="#">coinsurance</a> will be applied.
	<a href="#">Emergency medical transportation</a>	20% <a href="#">coinsurance</a>	20% <a href="#">coinsurance</a>	Subject to Preferred out of pocket limit.
	<a href="#">Urgent care/Walk-In Clinic</a>	\$40 Copay/visit; <a href="#">deductible</a> does not apply	\$60 Copay/visit; <a href="#">deductible</a> does not apply	-----none-----
If you have a hospital stay	Facility fee (e.g., hospital room)	20% <a href="#">coinsurance</a>	35% <a href="#">coinsurance</a>	For all scheduled inpatient admissions (except maternity admissions), pre-admission authorization and approval must be received by the PCP.
	Physician/surgeon fees	20% <a href="#">coinsurance</a>	35% <a href="#">coinsurance</a>	
If you need mental health, behavioral health, or substance abuse services	Outpatient services	Office Visit \$15 Copay/visit  Other Outpatient 20% <a href="#">coinsurance</a>	Office Visit \$15 Copay/visit  Other Outpatient 20% <a href="#">coinsurance</a>	All Inpatient/Residential, Partial Hospitalization programs, TMS services and Applied Behavioral Analysis services requires pre-certification through Behavioral Health Care Program (BHCP). Office visits with your PCP or a BHCP network provider do not need to be pre-certified.
	Inpatient services	20% <a href="#">coinsurance</a>		
If you are pregnant	Office visits	\$15 Copay/visit when performed by Preferred PCP.	\$30 Copay/visit when performed by Participating PCP.	Copay applies for first prenatal visit. There may be other levels of cost share that are contingent on how services are provided, please see your

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		MaineHealth Preferred Tier Provider (You will pay the least)	MaineHealth Participating Tier Provider (You will pay the most)	
		\$40 Copay/visit when performed by a Preferred Specialist.  20% coinsurance for subsequent care.	\$60 Copay/visit when performed by a Participating Specialist.  35% coinsurance for subsequent care.	benefit overviews or SPD for a complete explanation.
	Childbirth/delivery professional services	20% <a href="#">coinsurance</a>	35% <a href="#">coinsurance</a>	For maternity admissions, you or someone you designate must call if the hospital stay is longer than 72 hours for a normal vaginal delivery or longer than 120 hours for a caesarean section.
	Childbirth/delivery facility services	20% <a href="#">coinsurance</a>	35% <a href="#">coinsurance</a>	
If you need help recovering or have other special health needs	<a href="#">Home health care</a>	20% <a href="#">coinsurance</a>	20% <a href="#">coinsurance</a>	-----none-----
	<a href="#">Rehabilitation services</a>	\$40 Copay/visit When performed by an occupational, physical or speech therapist.  20% coinsurance after deductible when billed by a network occupational, physical, or speech therapist separately from office visit.		Costs may vary by site of service. Coverage is limited to 60 visits per member per calendar year combined Physical, Occupational and Speech therapy.
	<a href="#">Habilitation services</a>			
	<a href="#">Skilled nursing care</a>	20% <a href="#">coinsurance</a>	20% <a href="#">coinsurance</a>	Coverage is limited to 150 days in a calendar year.
	<a href="#">Durable medical equipment</a>	20% <a href="#">coinsurance</a>	20% <a href="#">coinsurance</a>	Subject to Participating out of pocket limit.
	<a href="#">Hospice services</a>	20% <a href="#">coinsurance</a>	20% <a href="#">coinsurance</a>	-----none-----
If your child needs dental or eye care	Children's eye exam	Not covered	Not covered	-----none-----
	Children's glasses	Not covered	Not covered	
	Children's dental check-up	Not covered	Not covered	-----none-----

### Excluded Services & Other Covered Services:

**Services Your [Plan](#) Generally Does NOT Cover (Check your policy or [plan](#) document for more information and a list of any other [excluded services](#).)**

- |                     |                        |                    |
|---------------------|------------------------|--------------------|
| • Cosmetic surgery  | • Dental care          | • Routine eye care |
| • Long- term care   | • Private-duty nursing |                    |
| • Routine foot care | • Weight loss programs |                    |

**Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your [plan](#) document.)**

- |                                       |  |                     |
|---------------------------------------|--|---------------------|
| • Acupuncture                         | • Bariatric surgery  | • Chiropractic care |
| • Hearing aids (\$3000 per ear/36mos) | • Hearing Exams (\$40 preferred/\$60 participating)<br>1 exam/24 mos |                     |

**Your Rights to Continue Coverage:** There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is:

- For more information on your rights to continue coverage, contact the [plan](#) at 1-888-982-3862.
- If your group health coverage is subject to ERISA, you may also contact the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <http://www.dol.gov/ebsa/healthreform>
- For non-federal governmental group health [plans](#), you may also contact the Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or [www.cciio.cms.gov](http://www.cciio.cms.gov).
- If your coverage is a church [plan](#), church [plans](#) are not covered by the Federal COBRA continuation coverage rules. If the coverage is insured, individuals should contact their State insurance regulator regarding their possible rights to continuation coverage under State law.

Other coverage options may be available to you too, including buying individual insurance coverage through the [Health Insurance Marketplace](#). For more information about the [Marketplace](#), visit [www.HealthCare.gov](http://www.HealthCare.gov) or call 1-800-318-2596.

**Your Grievance and Appeals Rights:** There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information on how to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact:

- If your group health coverage is subject to ERISA, you may contact Aetna directly by calling the toll-free number on your Medical ID Card, or by calling our general number at 1-888-982-3862. You may also contact the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <http://www.dol.gov/ebsa/healthreform>
- For non-federal governmental group health [plans](#), you may also contact the Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or [www.cciio.cms.gov](http://www.cciio.cms.gov).
- Additionally, a consumer assistance program can help you file your [appeal](#). Contact information is at: <http://www.aetna.com/individuals-families-health-insurance/rights-resources/complaints-grievancesappeals/index.html>.

Does this plan provide Minimum Essential Coverage? Yes.

[Minimum Essential Coverage](#) generally includes [plans](#), [health insurance](#) available through the [Marketplace](#) or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of [Minimum Essential Coverage](#), you may not be eligible for the [premium tax credit](#).

Does this plan meet Minimum Value Standards? Yes.

If your [plan](#) doesn't meet the [Minimum Value Standards](#), you may be eligible for a [premium tax credit](#) to help you pay for a [plan](#) through the [Marketplace](#).



## About these Coverage Examples:



**This is not a cost estimator.** Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost-sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

### Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$600
■ <u>Specialist</u> <u>copayment</u>	\$40
■ Hospital (facility) <u>coinsurance</u>	20%
■ Other <u>coinsurance</u>	20%

#### This EXAMPLE event includes services like:

Specialist office visits (*prenatal care*)  
 Childbirth/Delivery Professional Services  
 Childbirth/Delivery Facility Services  
Diagnostic tests (*ultrasounds and blood work*)  
Specialist visit (*anesthesia*)

<b>Total Example Cost</b>	<b>\$12,700</b>
<b>In this example, Peg would pay:</b>	
<u>Cost Sharing</u>	
<u>Deductibles</u>	\$600
<u>Copayments</u>	\$40
<u>Coinsurance</u>	\$2,200
<u>What isn't covered</u>	
Limits or exclusions	\$60
<b>The total Peg would pay is</b>	<b>\$2,900</b>

### Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The <u>plan's</u> overall <u>deductible</u>	\$600
■ <u>Specialist</u> <u>copayment</u>	\$40
■ Hospital (facility) <u>coinsurance</u>	20%
■ Other <u>coinsurance</u>	20%

#### This EXAMPLE event includes services like:

Primary care physician office visits (*including disease education*)  
Diagnostic tests (*blood work*)  
Prescription drugs  
Diabetic supplies (*glucose meter*)

<b>Total Example Cost</b>	<b>\$5,600</b>
<b>In this example, Joe would pay:</b>	
<u>Cost Sharing</u>	
<u>Deductibles</u>	\$100
<u>Copayments</u>	\$900
<u>Coinsurance</u>	\$0
<u>What isn't covered</u>	
Limits or exclusions	\$20
<b>The total Joe would pay is</b>	<b>\$1,020</b>

### Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The <u>plan's</u> overall <u>deductible</u>	\$600
■ <u>Specialist</u> <u>copayment</u>	\$40
■ Hospital (facility) <u>coinsurance</u>	20%
■ Other <u>coinsurance</u>	20%

#### This EXAMPLE event includes services like:

Emergency room care (*including medical supplies*)  
Diagnostic test (*x-ray*)  
Durable medical equipment (*crutches*)  
Rehabilitation services (*physical therapy*)

<b>Total Example Cost</b>	<b>\$2,800</b>
<b>In this example, Mia would pay:</b>	
<u>Cost Sharing</u>	
<u>Deductibles</u>	\$400
<u>Copayments</u>	\$290
<u>Coinsurance</u>	\$400
<u>What isn't covered</u>	
Limits or exclusions	\$0
<b>The total Mia would pay is</b>	<b>\$1090</b>

The plan would be responsible for the other costs of these EXAMPLE covered services.

Language Assistance:

Albanian -	Për asistencë në gjuhën shqipe telefononi falas në 1-888-982-3862.
Amharic -	ለቋንቋ እገዛ በ አማርኛ በ 1-888-982-3862 በነጻ ይደውሉ
Arabic -	للمساعدة في (اللغة العربية)، الرجاء الاتصال على الرقم المجاني 1-888-982-3862
Armenian -	Լեզվի ցուցաբերած աջակցության (հայերեն) զանգի 1-888-982-3862 առանց գնով:
Bahasa Indonesia -	Untuk bantuan dalam bahasa Indonesia, silakan hubungi 1-888-982-3862 tanpa dikenakan biaya.
Bantu-Kirundi -	Niba urondera uwugufasha mu Kirundi, twakure kuri iyi numero 1-888-982-3862 ku busa
Bengali-Bangala -	বাংলায় ভাষা সহায়তার জন্য িবনামুেল্‌স্‌ 1-888-982-3862-েঁত কল করন।
Bisayan-Visayan -	Alang sa pag-abag sa pinulongan sa (Binisayang Sinugboanon) tawag sa 1-888-982-3862 nga walay bayad.
Burmese -	ငွေကုန်ကျခံစရာမလိုဘဲ (မြန်မာဘာသာစကား)ဖြင့် ဘာသာစကားအကူအညီရယူရန် 1-888-982-3862 ကို ခေါ်ဆိုပါ။
Catalan -	Per rebre assistència en (català), truqui al número gratuït 1-888-982-3862.
Chamorro -	Para ayuda gi fino' (Chamoru), ágang 1-888-982-3862 sin gástu.
Cherokee -	ᏃᎠᏚᏍᎩ ᏅᏓᏞᏂᏗᏔᏅ ᏊᏂᏃᏳᏱᏲ ᏅᏐᏵᏴᏫᏸᏱ ᏆᏆᏴᏫᏸᏱ 1-888-982-3862 ᏄᏪᏫ᏾ Ꮜ ᏳᏒᏗᏔᏅ ᏆᏒᏗᏔᏅ ᏆᏒᏗᏔᏅ.
Chinese -	欲取得繁體中文語言協助，請撥打 1-888-982-3862，無需付費。
Choctaw -	(Chahta) anumpa ya apela a chi l paya hinla 1-888-982-3862.
Cushite -	Gargaarsa afaan Oromiffa hiikuu argachuuf lakkokkofsaa bilbilaa 1-888-982-3862 irratti bilisaan bilbilaa.
Dutch -	Bel voor tolk- en vertaaldiensten in het Nederlands gratis naar 1-888-982-3862.
French -	Pour une assistance linguistique en français appeler le 1-888-982-3862 sans frais.
French Creole -	Pou jwenn asistans nan lang Kreyòl Ayisyen, rele nimewo 1-888-982-3862 gratis.
German -	Benötigen Sie Hilfe oder Informationen in deutscher Sprache? Rufen Sie uns kostenlos unter der Nummer 1-888-982-3862 an.
Greek -	Για γλωσσική βοήθεια στα Ελληνικά καλέστε το 1-888-982-3862 χωρίς χρέωση.
Gujarati -	જારાતીમાં ભાષામાં સહાય માટે કોઈ પણ ખર્ચ વગર 1-888-982-3862 પર કોલ કરો.
Hawaiian -	No ke kōkua ma ka ‘ōlelo Hawai‘i, e kahea aku i ka helu kelepona 1-888-982-3862. Kāki ‘ole ‘ia kēia kōkua nei.
Hindi -	हनिदी में भाषा सहायता के लिए, 1-888-982-3862 पर मुफ्त कॉल करें।
Hmong -	Yog xav tau kev pab txhais lus Hmoob hu dawb tau rau 1-888-982-3862.



Ibo -	Maka enyemaka asụsụ na Igbo kpọọ 1-888-982-3862 na akwụghị ụgwọ ọ bụla
Ilocano -	Para iti tulong ti pagsasao iti pagsasao tawagan ti 1-888-982-3862 nga awan ti bayadanyo.
Italian -	Per ricevere assistenza linguistica in italiano, può chiamare gratuitamente 1-888-982-3862.
Japanese -	日本語で援助をご希望の方は、1-888-982-3862 まで無料でお電話ください。
Karen -	လၢတၢ်မၤစၢၤတၢ်ကတိၤကျိၣ်အီၣ် ကျိၣ် ကိး 1-888-982-3862 လၢတၢ်အိၣ်ဒီးတၢ်လၢာ်ဘျုးလၢာ်စ့ၤဘျုး
Korean -	한국어로 언어 지원을 받고 싶으시면 무료 통화번호인 1-888-982-3862 번으로 전화해 주십시오.
Kru-Bassa -	Bɛ́m`ké gbo-kpá-kpá dyé pidyi dé Bāsóó`wuḍuũn wěɛ, dá 1-888-982-3862
Kurdish -	برای راهنمایی به زبان فارسی یا شماره 1-888-982-3862 به خوارایی یه یومندی بکمن.
Laotian -	ຖ້າທ່ານຕ້ອງການຄວາມຊ່ວຍເຫຼືອໃນການແປພາສາລາວ, ກະລຸນາໂທຫາ 1-888-982-3862 ໂດຍບໍ່ເສຍຄ່າໂທ.
Marathi -	कोण❖ाह❖ शु❖ा❖शवाय भाषा सेवा प्रा❖ कर❖ासाठ❖, 1-888-982-3862 वर फोन करा.
Marshallese - Micronesian/ Pohnpeyan -	Ñan bōk jipañ ilo Kajin Majol, kallok 1-888-982-3862 ilo ejjelok wōnān.  Ohng palien sawas en soun kawewe ni omw lokaia Ponape koahl 1-888-982-3862 ni sohte isais.
Mon-Khmer, Cambodian - Navajo -	សម្រាប់ជំនួយភាសាជា ភាសាខ្មែរ សូមទូរស័ព្ទទៅកាន់លេខ 1-888-982-3862 ដោយឥតគិតថ្លៃ។  T'áá shi shizaad k'ehjí bee shíká a'doowol nínízingo Diné k'ehjí koji' t'áá jíík'e hólne' 1-888-982-3862
Nepali -	(नेपाल❖) मा ❖नः शु❖ भाषा सहायता पाउनका ला❖ग 1-888-982-3862 मा फोन गर्ेस् ।
Nilotic-Dinka -	Tën kuɔny ë thok ë Thuonjän cɔl 1-888-982-3862 kec'in ayöc.
Norwegian -	For språkassistanse på norsk, ring 1-888-982-3862 kostnadsfritt.
Panjabi -	ਪੰਜਾਬੀ ਿੱਚੋਂ ਭਾਸ਼ਾਈ ਸਹਾਇਤਾ ਲਈ, 1-888-982-3862 'ਤੇ ਮੁਫਤ ਕਾਲ ਕਰੋ।
Pennsylvania Dutch -	Fer Hilfe in Deutsch, ruf: 1-888-982-3862 aa. Es Aaruf koschtet nix.
Persian -	برای راهنمایی به زبان فارسی یا شماره 1-888-982-3862 بدون هیچ هزینه ای تماس بگیرید. انگلیسی
Polish -	Aby uzyskać pomoc w języku polskim, zadzwoń bezpłatnie pod numer 1-888-982-3862.
Portuguese -	Para obter assistência linguística em português ligue para o 1-888-982-3862 gratuitamente.
Romanian -	Pentru asistență lingvistică în românește telefonați la numărul gratuit 1-888-982-3862
Russian -	Чтобы получить помощь русскоязычного переводчика, позвоните по бесплатному номеру 1-888-982-3862.
Samoan -	Mo fesoasoani tau gagana I le Gagana Samoa vala'au le 1-888-982-3862 e aunoa ma se totogi.
Serbo-Croatian -	Za jezičnu pomoć na hrvatskom jeziku pozovite besplatan broj 1-888-982-3862.
Spanish -	Para obtener asistencia lingüística en español, llame sin cargo al 1-888-982-3862.

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